

JOSEPH D. WALRATH, MD – OCULOPLASTIC SURGERY

TO MINIMIZE BLEEDING:

- TAKE NO DIETARY SUPPLEMENTS, FISH OILS, HERBAL MEDICINES, OR VITAMINS. EAT REGULAR FOOD FOR THE 7 DAYS PRECEDING YOUR SURGERY.
- STOPPING CERTAIN MEDICATIONS MAY DECREASE INTRAOPERATIVE BLEEDING, BRUISING, AND REDUCE RISK OF COMPLICATION RELATED TO EXCESS BLEEDING. HOWEVER, DO NOT STOP PRESCRIPTION BLOODTHINNERS UNLESS APPROVED BY YOUR MEDICAL DOCTOR. IF THERE ARE ANY SPECIFIC CONCERNS RAISED BY YOUR MEDICAL DOCTOR, PLEASE DISCUSS THEM DIRECTLY WITH DR. WALRATH ASAP.
- **IF POSSIBLE, STOP NSAIDS (INCLUDING MOTRIN, IBUPROFEN, ALEVE, DICLOFENAC) 7 DAYS PRIOR TO SURGERY.** IN ADDITION, IF APPROVED BY YOUR MEDICAL DOCTOR, STOP THE FOLLOWING MEDICATIONS:

7 DAYS BEFORE SURGERY:

ASPIRIN	PLAVIX	CLOPIDOGREL	EFFIENT
BRILINTA	MIRADON	TICLID	TICLOPIDINE
TICAGRELOR	PLETAL	PLASUGREL	NSAIDS

5 DAYS BEFORE SURGERY:

COUMADIN	WARFARIN	SOFARIN	PRADAXA
DABIGATRAN			

2 DAYS BEFORE SURGERY:

ELIQUIS	APIXABAN	XARELTO	RIVAROXABAN
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24 HOURS BEFORE SURGERY:

LOVENOX	ENOXAPARIN	DALTEPARIN	ARIXTRA
REFLUDAN	FRAGMIN	ARGATROBAN	FONDAPARINEUX
HEPARIN	LEPIRUDIN		