Brow Lift, Ptosis Repair, and Upper Blepharoplasty

During the office evaluation, there is often confusion about what a “lid lift” is, and it means different things to different patients. I don’t favor that term, and instead I talk with patients about “ptosis repair” and/or “blepharoplasty” and/or “brow lift”.

Brow lift involves elevating the eyebrows with a number of different techniques. Think of the brow as a curtain rod, with the skin hanging below the brow as the curtains. Lifting the brow pulls the excess skin up that hangs over the eyelids.

Blepharoplasty trims the curtains. It removes excess tissue between the eyebrow and the eyelashes.

Ptosis repair involves opening the window (lifting the lid). Think of it as completely independent of the curtains, or the curtain rod. There are many different ways to perform this surgery, depending on the patient examination.

To recap:
1. **Brow lift**: Raising the curtain rod.
2. **Blepharoplasty**: Trimming the curtains.
3. **Ptosis repair**: Opening the window.

Sometimes you have to do all three. Sometimes you only need to do one of them. *As a rule of thumb, insurance will only pay for one of these options, if any.*

There are countless examples of patients who have had one or more of these procedures on my website, some for cosmetic reasons, and some for insurance-related visual improvement.

For more information, and representative examples, please visit: [www.josephwalrathmd.com](http://www.josephwalrathmd.com)