Hyaluronic Acid Filler: Lifetime Consent Form

The Restylane®, Juvederm®, and Belotero® product lines, and related hyaluronic acid fillers, are popular soft tissue fillers available to combat moderate to deep facial wrinkles. It is designed and produced to be nearly identical to a natural “sugar” molecule that exists within our skin, called Hyaluronate. As we age, there is less and less of this substance present in our skin, and this partially contributes to the appearance of aged skin. The filler material can be injected directly underneath facial wrinkles and depressions to fill these areas, so that they are reduced or eliminated. Most patients receiving soft tissue fillers combined with the use of Botox are very satisfied with their results. The Restylane®, Juvederm®, and Belotero® product lines come packaged in syringes that are ready to use for individual patients. The product is a clear gel that is easily injected directly into problem areas, such as those listed below:

- Laugh Lines
- Crow’s Feet
- Periorbital Hollows
- Frown Lines
- Lipstick/Smoker’s Lines
- Lip Augmentation
- Marionette Lines & Vertical Cheek Lines
- Acne & Chickenpox Scars
- Cheek Contour & Chin Augmentation

The filler is injected using an extremely small needle, occasionally using local anesthetic for very sensitive areas, such as the lip. The procedure will usually only take ten to fifteen minutes per area, and may require more than one syringe for larger areas. After treatment, the body naturally absorbs the filler over time. In order to maintain the effects, you will need repeated injections usually every six to twelve months.

After the procedure, you should take some simple precautions to make sure you get the best result possible. The mild redness and swelling that may occur after the procedure will reduce quickly, particularly if you use cold compresses, and usually only lasts one to two days. You should avoid sunbathing while the area is red, and avoid all aspirin and aspirin-like products (Advil, Ibuprofen, Motrin, etc.) for three days after treatment to minimize bruising. Exercise within a few days of injection may also increase swelling at the injection site.
In addition the the common minor adverse events described previously, there have also been reports of more serious side effects with hyaluronic acid fillers, which are listed below:

- Delayed hypersensitivity reaction (less than 0.1%) - swelling, redness, and firmness at the injection site starting about three weeks after injection and lasting on average about two weeks
- Injection site necrosis (rare) with resultant scarring
- Abscess-like swelling (rare)

Before considering an injectable filler, make sure to alert your physician if you have:

✓ History of hypertrophic scars or keloids?
✓ History of herpes simplex in the region to be treated?
✓ Taken aspirin, nonsteroidal anti-inflammatory medications, St. John’s Wort, Vitamin E, fish oils, or other blood thinners in the past week?
✓ History of bad reaction to injectable filler materials in the past?

By signing this document, I attest that I have had an opportunity to review the injection procedure, the risks, and the potential benefits. I have had the opportunity to have all questions answered to my satisfaction.

I have also been informed that depending on the area treated, skin type and the injection technique, the effect of a treatment with Hyaluronic products can last 6 months or even longer, but that in some cases the duration of the effect can be shorter. Touch-up and follow-up treatments help sustain the desired degree of correction.

Furthermore, I understand that medicine is not an exact science and the possibility that the treatment may not have the benefits or results intended exists. I acknowledge that no guarantee has been made regarding the treatment which I have authorized. I authorize the taking of photographs for documentation as well as educational purposes. I consent to hyaluronic acid filler injection.

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Client Signature

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Date